

Reebok   
**LES MILLS LIVE**  
 COPENHAGEN

2017

Schedule Saturday

MAIN HALL	CYCLE STUDIO	GRIT ZONE
<b>08.15-09.15</b> BODYPUMP® Romain, Steve, Cristine, Mathilda, Kenneth	<b>07.45-08.30</b> THE TRIP™ 10 Kristin	<b>08.30-09.00</b> GRIT® PLYO Elin H, Jarno
<b>09.30-10.30</b> BODYSTEP® Classic Romain, Julia Poh, Niko, Pernilla, Tor	<b>08.40-09.25</b> THE TRIP™ 09 Adam	<b>09.15-09.45</b> GRIT® PLYO Karin, Michael
<b>10.45-11.15</b> CXWORX® Elin H, Elise, Hanna Le, Pawel	<b>09.30-10.15</b> THE TRIP™ 10 Emmy	<b>10.00-10.30</b> GRIT® PLYO Emelie, Martin
<b>11.30-12.30</b> BODYCOMBAT® Rachael, Steve, Mika, Eerika, Szymon	<b>10.20-11.05</b> THE TRIP™ 07 Kristin	<b>10.45-11.15</b> GRIT® PLYO Erin, Mika
<b>12.45-13.45</b> BODYBALANCE® Arja, Lina, Elin A, Jim, Ragnhild	<b>11.15-12.10</b> RPM® Eerika, Ida	<b>11.30-12.00</b> GRIT® STRENGTH Erin, Jonas
<b>14.00-15.00</b> BODYJAM® Erin, Dorotka, Kimmo, Liselotte, Mille	<b>12.15-12.45</b> LES MILLS SPRINT™ Jim, Pia	<b>12.15-12.45</b> GRIT® STRENGTH Filip, Paya
<b>15.15-16.00</b> BODVIVE® 3.1 Rachael, Arja, Mariah, Ragnhild, Marthe	<b>13.00-13.55</b> RPM® Ditte, Jimmy	<b>13.00-13.30</b> GRIT® STRENGTH Hanna Lu, Jonas
<b>16.15-16.45</b> GRIT® Cardio Erin, Romain, Steve,	<b>14.50-15.35</b> THE TRIP™ 09 Emmy	<b>13.45-14.15</b> GRIT® STRENGTH Elin H, Martin
<b>17.00-17.45</b> SH'BAM® Rachael, Charlotte, Janni, Kimmo, Naja	<b>15.45-16.30</b> THE TRIP™ 10 Kristin	<b>14.30-15.00</b> GRIT® STRENGTH Jarno, Karin
	<b>16.40-17.25</b> THE TRIP™ 07 Adam	<b>15.15-15.45</b> GRIT® STRENGTH Michael, Jorge
	<b>17.30-18.15</b> THE TRIP™ 10 Emmy	<b>16.00-16.30</b> GRIT® STRENGTH Elin H, Jorge
	<b>18.20-19.05</b> THE TRIP™ 10 Adam	<b>16.45-17.15</b> GRIT® STRENGTH Ida, Szymon
	<b>19.15-20.00</b> THE TRIP™ 09 Emmy	