

LES MILLS

AMMAN

Jordan

4th JUNE 2021

**QUARTERLY 2
WORKSHOPS 2021**

MAIN STUDIO

10.00 – 10.45

BODYPUMP

Omar
Rabab

11.00 – 11.30

GRIT CARDIO

Ahmed

11.45 – 12.30

BODYCOMBAT

Omar

12.45 – 13.30

BODYATTACK

Ahmed
Rabab

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