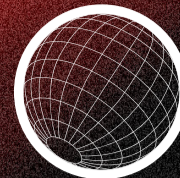


# EVENT — SCHEDULE



**LES MILLS  
LIVE 2019**  
FINLAND

ARENA	BODYPUMP® STUDIO	CYCLE STUDIO	GRIT® ZONE
<p><b>08.45-09.15</b> <b>BODYCOMBAT® 30</b> RACHAEL, CRISTINE, HANNA LU, CRISTINA</p>	<p><b>08.30-09.15</b> <b>BODYPUMP® 45</b> EERIKA, IDA</p>	<p><b>08.45-09.25</b> <b>THE TRIP™ 18</b> KRISTIN</p>	<p><b>09.00-09.30</b> <b>GRIT® Strength</b> JORGE, TITO</p>
<p><b>09.30-10.00</b> <b>CXWORX®</b> CRISTINE, ELIN H, LYDIA, SZYMON</p>	<p><b>09.20-10.20</b> <b>BODYPUMP®</b> RENÉ, ROMAIN</p>	<p><b>09.30-10.00</b> <b>LES MILLS SPRINT™</b> JIMMY</p>	<p><b>09.40-10.10</b> <b>GRIT® Athletic</b> JARNO, EMELIE</p>
<p><b>10.15-10.45</b> <b>LES MILLS BARRE™</b> CHARLOTTE, DOROTKA, JANNI</p>	<p><b>10.25-11.10</b> <b>BODYPUMP® 45</b> MIKA, OLIVIA</p>	<p><b>10.10-10.50</b> <b>THE TRIP™ 18</b> ADAM</p>	<p><b>10.20-10.50</b> <b>GRIT® Strength</b> FILIP</p>
<p><b>10.50-11.20</b> <b>GRIT® CARDIO</b> RENÉ, ROMAIN, STEVE, ELIN H, EMELIE, MICHAEL</p>	<p><b>11.30-12.30</b> <b>BODYPUMP®</b> JORGE, SUSANNA</p>	<p><b>11.00-11.30</b> <b>RPM® 30</b> JIMMY</p>	<p><b>11.00-11.30</b> <b>GRIT® Athletic</b> JARNO, HANNA LU</p>
<p><b>11.30-12.15</b> <b>SH'BAM®</b> RACHAEL, ALEX, DOROTKA, KIMMO, JANNI</p>	<p><b>12.35-13.20</b> <b>BODYPUMP® 45</b> EMELIE, NIKO</p>	<p><b>11.35-12.15</b> <b>THE TRIP™ 18</b> EERIKA</p>	<p><b>11.40-12.10</b> <b>GRIT® Strength</b> FILIP, IDA</p>
<p><b>12.30-13.00</b> <b>LES MILLS TONE™</b> TITO, KRISTIN, TOR</p>	<p><b>13.25-14.25</b> <b>BODYPUMP®</b> CHARLOTTE, SZYMON</p>	<p><b>12.30-13.00</b> <b>LES MILLS SPRINT™</b> KIRA</p>	<p><b>12.20-12.50</b> <b>GRIT® Athletic</b> MATHILDA</p>
<p><b>13.10-14.10</b> <b>BODYCOMBAT®</b> RACHAEL, STEVE, MICHAEL, JORGE, MIKA, FILIP</p>	<p><b>14.30-15.15</b> <b>BODYPUMP® 45</b> CRISTINE, SUSANNA</p>	<p><b>13.10-13.40</b> <b>RPM® 30</b> OLIVIA</p>	<p><b>13.00-13.30</b> <b>GRIT® Strength</b> ROMAIN</p>
<p><b>14.15-15.15</b> <b>BODYJAM®</b> ALEX, DOROTKA, HANNA LU, KIMMO</p>	<p><b>15.20-16.20</b> <b>BODYPUMP®</b> MATHILDA, FILIP</p>	<p><b>13.45-14.25</b> <b>THE TRIP™ 18</b> ADAM</p>	<p><b>13.40-14.10</b> <b>GRIT® Athletic</b> JARNO, MATHILDA</p>
<p><b>15.30-16.30</b> <b>BODYATTACK®</b> ROMAIN, LYDIA, NIKO, KIRA</p>	<p><b>16.25-17.10</b> <b>BODYPUMP® 45</b> MICHAEL, ALEX</p>	<p><b>14.30-15.00</b> <b>LES MILLS SPRINT™</b> JIMMY</p>	<p><b>14.20-14.50</b> <b>GRIT® Strength</b> IDA</p>
<p><b>16.45-17.45</b> <b>BODYBALANCE®</b> RENÉ, TITO, KRISTIN, TOR, SUSANNA</p>	<p><b>17.15-18.15</b> <b>BODYPUMP®</b> KIMMO, CRISTINE</p>	<p><b>15.10-15.50</b> <b>THE TRIP™ 18</b> EERIKA</p>	<p><b>15.00-15.30</b> <b>GRIT® Athletic</b> ELIN H, SZYMON</p>
		<p><b>16.00-16.30</b> <b>RPM® 30</b> OLIVIA</p>	<p><b>15.40-16.10</b> <b>GRIT® Strength</b> HANNA LU, MIKA</p>
		<p><b>16.40-17.20</b> <b>THE TRIP™ 18</b> ADAM</p>	<p><b>16.20-16.50</b> <b>GRIT® Athletic</b> SZYMON</p>
			<p><b>17.00-17.30</b> <b>GRIT® Strength</b> STEVE, JORGE</p>