

LES MILLS - ADVANCED TRAINING 2019

BOOK HERE >>

DATE	PROGRAM	CITY	COUNTRY	DATE	PROGRAM	CITY	COUNTRY
FEBRUARY				MAY - CONTINUED			
02-03 FEB	LES MILLS GRIT®	Gothenburg	Sweden	04-05 MAY	BODYCOMBAT®	Tallin	Estonia
02-03 FEB	BODYPUMP®	Copenhagen	Denmark	04-05 MAY	BODYPUMP®	Aarhus	Denmark
09-10 FEB	BODYBALANCE®	Oslo	Norway	11-12 MAY	BODYPUMP®	Stockholm	Sweden
16-17 FEB	BODYCOMBAT®	Stockholm	Sweden	11-12 MAY	BODYATTACK®	Tallin	Estonia
MARCH				11-12 MAY	BODYPUMP®	Prague	Czech
16-17 MAR	RPM®	Stockholm	Sweden	JUNE			
16-17 MAR	BODYCOMBAT®	Copenhagen	Denmark	08-09 JUN	BODYBALANCE®	Warszawa	Poland
16-17 MAR	BODYPUMP®	Tallin	Estonia	08-09 JUN	LES MILLS GRIT®	Stockholm	Sweden
23-24 MAR	LES MILLS GRIT® & BODYPUMP®	Helsinki	Finland	15-16 JUN	BODYCOMBAT®	Gothenburg	Sweden
23-24 MAR	BODYPUMP®	Umeå	Sweden	15-16 JUN	LES MILLS GRIT®	Warszawa	Poland
30-31 MAR	BODYBALANCE®	Gothenburg	Sweden	15-16 JUN	BODYFLOW®	Copenhagen	Denmark
30-31 MAR	BODYCOMBAT®	Helsinki	Finland	15-16 JUN	BODYPUMP®	Helsinki	Finland
APRIL				22-23 JUN	BODYCOMBAT®	Copenhagen	Denmark
06-07 APR	LES MILLS SPRINT™	Stockholm	FULLY BOOKED	29-30 JUN	LES MILLS SPRINT™	Helsinki	Finland
06-07 APR	BODYPUMP®	Oslo	Norway	29-30 JUN	BODYBALANCE®	Stockholm	Sweden
06-07 APR	BODYBALANCE®	Helsinki	Finland	JULY			
06-07 APR	BODYPUMP®	Warszawa	Poland	06-07 JUL	LES MILLS TONE™	Oslo	Norway
13-14 APR	CXWORX®	Stockholm	Sweden	13-14 JUL	LES MILLS SPRINT™	Gothenburg	Sweden
13-14 APR	RPM®	Helsinki	Finland	20-21 JUL	CXWORX®	Gothenburg	Sweden
13-14 APR	BODYCOMBAT®	Warszawa	Poland	AUGUST			
27-28 APR	BODYSTEP®	Helsinki	Finland	17-18 AUG	BODYPUMP®	Drammen	Norway
27-28 APR	BODYATTACK®	Stockholm	Sweden	24-25 AUG	BODYATTACK®	Copenhagen	Denmark
MAY				SEPTEMBER			
04-05 MAY	BODYSTEP®	Stockholm	Sweden	21-22 SEP	BODYATTACK®	Oslo	Norway
04-05 MAY	CXWORX®	Helsinki	Finland	28-29 SEP	BODYFLOW®	Copenhagen	Denmark
				31-01 SEP	BODYBALANCE®	Prague	Czech