

FINAL CALL FOR ADVANCED INSTRUCTOR MODULE - AIM

The amazing Advanced Instructor Module aka AIM course will run it's last season during November/ December 2018. Make sure to grab your spot befor the final call and develop your knowledge within the five key elements in the programs you teach.

DATE	PROGRAM	CITY	COUNTRY	NEWSFLASH!
NOVEMBER				
02-04 NOV	BODYBALANCE®	Stockholm	Sweden	
02-04 NOV	RPM®	Gothenburg	Sweden	
02-04 NOV	BODYJAM®	Helsinki	Finland	
09-11 NOV	BODYBALANCE®	Helsinki	Finland	
10-11 NOV	BODYPUMP®	Warszawa	Poland	
16-18 NOV	BODYATTACK®	Oslo	Norway	
16-18 NOV	BODYBALANCE®	Warszawa	Poland	
17-18 NOV	BODYPUMP®	Stockholm	Sweden	
DECEMBER				
14-16 DEC	BODYCOMBAT®	Warszawa	Poland	
15-16 DEC	BODYPUMP®	Helsinki	Finland	



In January 2019 we will launch the brand NEW Advanced Training with new content and focus on leadership. Education dates coming soon!

NEW ADVANCED TRAINING LAUNCHING JANUARY 2019

DATE	PROGRAM	CITY	COUNTRY	DATE	PROGRAM	CITY	COUNTRY
JANUARY				APRIL			
26-27 JAN	BODYPUMP®	Gothenburg	Sweden	27-28 APR	BODYSTEP®	Helsinki	Finland
26-27 JAN	BODYBALANCE®	Tallinn	Estonia	MAY			
FEBRUARY				04-05 MAY	BODYSTEP®	Stockholm	Sweden
02-03 FEB	LES MILLS GRIT®	Gothenburg	Sweden	04-05 MAY	CXWORX®	Helsinki	Finland
02-03 FEB	BODYPUMP®	Copenhagen	Denmark	04-05 MAY	BODYCOMBAT®	Tallin	Estonia
09-10 FEB	BODYBALANCE®	Oslo	Norway	11-12 MAY	BODYPUMP®	Stockholm	Sweden
16-17 FEB	BODYCOMBAT®	Stockholm	Sweden	11-12 MAY	BODYATTACK®	Tallin	Estonia
MARCH				11-12 MAY	BODYPUMP®	Prague	Czech
16-17 MAR	RPM®	Stockholm	Sweden	JUNE			
16-17 MAR	BODYCOMBAT®	Copenhagen	Denmark	08-09 JUNE	BODYBALANCE®	Warszawa	Poland
16-17 MAR	BODYPUMP®	Tallin	Estonia	08-09 JUN	LES MILLS GRIT®	Stockholm	Sweden
23-24 MAR	LES MILLS GRIT®	Helsinki	Finland	15-16 JUN	BODYCOMBAT®	Gothenburg	Sweden
23-24 MAR	BODYPUMP®	Warszawa	Poland	15-16 JUNE	LES MILLS GRIT®	Warszawa	Poland
30-31 MAR	BODYBALANCE®	Gothenburg	Sweden	15-16 JUNE	BODYFLOW®	Copenhagen	Denmark
30-31 MAR	BODYCOMBAT®	Helsinki	Finland	15-16 JUNE	BODYPUMP®	Helsinki	Finland
APRIL				29-30 JUN	LES MILLS SPRINT™	Helsinki	Finland
06-07 APR	LES MILLS SPRINT™	Stockholm	Sweden	29-30 JUN	BODYBALANCE®	Stockholm	Sweden
06-07 APR	BODYPUMP®	Oslo	Norway	JULY			
06-07 APR	BODYBALANCE®	Helsinki	Finland	13-14 JUL	LES MILLS SPRINT™	Gothenburg	Sweden
13-14 APR	CXWORX®	Stockholm	Sweden	20-21 JUL	CXWORX®	Gothenburg	Sweden
13-14 APR	RPM®	Helsinki	Finland				
13-14 APR	BODYCOMBAT®	Warszawa	Poland				
27-28 APR	BODYATTACK®	Stockholm	Sweden				