



SCHEDULE

	MAIN HALL	HALL 2
10.00	<p>BODYPUMP™ Nikola, Anna, Sokvann 60 min (10:00 - 11:00)</p>	<p>LES MILLS SPRINT™ Fiona, Aldrin, Rawan 30 min (10:00 - 10:30)</p>
11.00		<p>RPM™ 1 Fiona, Rawan 45 min (10:45 - 11:30)</p>
12.00	<p>BODYSTEP™ Anna, JD, John, Lisa 60 min (11:45 - 12:45)</p>	<p>RPM™ 2 Aldrin, Rawan 45 min (11:45 - 12:30)</p>
13.00		
14.00	<p>THE TRIP™ Fiona 40 min (14:00 - 14:40)</p>	<p>BODYJAM™ Rio, Ireen, Clark 60 min (13:45 - 14:45)</p>
15.00		<p>LES MILLS BARRE™ Denisa, Caley 30 min (15:00 - 15:30)</p>
16.00	<p>CXWORX™ Sokvann, Dan 30 min (15:30 - 16:00)</p>	<p>BODYBALANCE™ Elly, JD, John, Sarah, Caley 60 min (15:45 - 16:45)</p>
17.00	<p>BODYATTACK™ Iman, Sokvann, Anna, Lisa 60 min (16:15 - 17:15)</p>	<p>LES MILLS TONE™ Denisa, Nikola, Fiona 45 min (17:00 - 17:45)</p>
18.00	<p>SH'BAM™ JD, John, Caley 45 min (17:30 - 18:15)</p>	
19.00	<p>BODYCOMBAT™ Aldrin, Desmond, Iman, Denisa, Dan 60 min (18:30 - 19:30)</p>	<p>LES MILLS GRIT™ CARDIO Margarita, Iman 30 min (18:00 - 18:30)</p>