

POLAND			CZECH & SLOVAKIA			ADVANCED INSTRUCTOR MODULE			
DATE	PROGRAM	CITY	DATE	PROGRAM	CITY	DATE	PROGRAM	CITY	COUNTRY
OCTOBER			SEPTEMBER			SEPTEMBER			
06-07 OCT	CXWORX®	Warszawa	29-30 SEP	BODYPUMP®	Prague	21-23 SEP	BODYATTACK®	Gothenburg	Sweden
06-07 OCT	BODYPUMP®	Warszawa				28-30 SEP	BODYJAM®	Stockholm	Sweden
13-14 OCT	LES MILLS BARRE™	Warszawa	OCTOBER			28-30 SEP	BODYATTACK®	Helsinki	Finland
13-14 OCT	RPM®	Warszawa	13-14 OCT	BODYBALANCE®	Prague	29-30 SEP	BODYPUMP®	Copenhagen	Denmark
20-21 OCT	LES MILLS SPRINT™	Warszawa	NOVEMBER			OCTOBER			
NOVEMBER			10-11 NOV	LES MILLS GRIT®	Prague	05-07 OCT	LES MILLS GRIT®	Stockholm	Sweden
03-04 NOV	BODYCOMBAT®	Warszawa				05-07 OCT	BODYSTEP®	Gothenburg	Sweden
03-04 NOV	BODYBALANCE®	Warszawa				06-07 OCT	BODYPUMP®	Prague	Czech
24-25 NOV	LES MILLS GRIT®	Warszawa				12-14 OCT	SH'BAM®	Stockholm	Sweden
24-25 NOV	BODYPUMP®	Warszawa				19-21 OCT	BODYCOMBAT®	Gothenburg	Sweden
						19-21 OCT	BODYFLOW®	Copenhagen	Denmark
						19-21 OCT	LES MILLS GRIT®	Warszawa	Poland
						26-28 OCT	CXWORX®	Gothenburg	Sweden
						26-28 OCT	BODYCOMBAT®	Prague	Czech
						NOVEMBER			
						02-04 NOV	BODYBALANCE®	Stockholm	Sweden
						02-04 NOV	RPM®	Gothenburg	Sweden
						02-04 NOV	BODYJAM®	Helsinki	Finland
						06-07 NOV	BODYPUMP®	Oslo	Norway
						09-11 NOV	BODYBALANCE®	Helsinki	Finland
						10-11 NOV	BODYPUMP®	Warszawa	Poland
						16-18 NOV	BODYATTACK®	Oslo	Norway
						16-18 NOV	BODYBALANCE®	Warszawa	Poland
						17-18 NOV	BODYPUMP®	Stockholm	Sweden
						DECEMBER			
						16-17 DEC	BODYCOMBAT®	Warszawa	Poland
						16-17 DEC	BODYPUMP®	Helsinki	Finland