

POLAND			CZECH & SLOVAKIA			ADVANCED INSTRUCTOR MODULE			
DATE	PROGRAM	CITY	DATE	PROGRAM	CITY	DATE	PROGRAM	CITY	COUNTRY
AUGUST			AUGUST			AUGUST			
11-12 AUG	BODYCOMBAT®	Warszawa				18-19 AUG	BODYPUMP®	Gothenburg	Sweden
18-19 AUG	BODYBALANCE®	Warszawa	SEPTEMBER			24-26 AUG	BODYBALANCE®	Oslo	Norway
18-19 AUG	BODYPUMP®	Warszawa	29-30 SEP	BODYPUMP®	Prague	SEPTEMBER			
25-26 AUG	LES MILLS SPRINT™	Warszawa	OCTOBER			21-23 SEP	BODYATTACK®	Gothenburg	Sweden
25-26 AUG	CXWORX®	Warszawa	13-14 OCT	BODYBALANCE®	Prague	28-30 SEP	BODYJAM®	Stockholm	Sweden
SEPTEMBER			NOVEMBER			28-30 SEP	BODYATTACK®	Helsinki	Finland
01-02 SEP	LES MILLS GRIT®	Warszawa	10-11 NOV	LES MILLS GRIT®	Prague	29-30 SEP	BODYPUMP®	Copenhagen	Denmark
01-02 SEP	RPM®	Warszawa	OCTOBER						
29-30 SEP	BODYATTACK®	Warszawa	05-07 OCT	LES MILLS GRIT®	Stockholm	05-07 OCT	BODYSTEP®	Gothenburg	Sweden
29-30 SEP	SH'BAM®	Warszawa	05-07 OCT	BODYSTEP®	Gothenburg	06-07 OCT	BODYPUMP®	Prague	Czech
OCTOBER			NOVEMBER						
06-07 OCT	BODYPUMP®	Warszawa	02-04 NOV	BODYBALANCE®	Stockholm	02-04 NOV	BODYBALANCE®	Stockholm	Sweden
13-14 OCT	MILLS BARRE™	Warszawa	02-04 NOV	RPM®	Gothenburg	02-04 NOV	RPM®	Gothenburg	Sweden
NOVEMBER			03-04 NOV	BODYBALANCE®	Warszawa	02-04 NOV	BODYJAM®	Helsinki	Finland
			24-25 NOV	LES MILLS GRIT®	Warszawa	06-07 NOV	BODYPUMP®	Oslo	Norway
			24-25 NOV	BODYPUMP®	Warszawa	09-11 NOV	BODYBALANCE®	Helsinki	Finland
						10-11 NOV	BODYPUMP®	Warszawa	Poland
						16-18 NOV	BODYATTACK®	Oslo	Norway
						16-18 NOV	BODYBALANCE®	Warszawa	Poland
						17-18 NOV	BODYPUMP®	Stockholm	Sweden
						DECEMBER			
						16-17 DEC	BODYCOMBAT®	Warszawa	Poland
						16-17 DEC	BODYPUMP®	Helsinki	Finland