

QW 2-2018: BALTIC



City	Date	Time	Program	Location	Trainer
WEBINARS	28.May	20:45 - 21:30	LES MILLS GRIT®	Online - English	Elin Hellström
	29.May	19:00 - 19:45	LES MILLS SPRINT™	Online - Swedish	Adam Gripenblom
	29.May	21:00 - 21:45	BODYPUMP®	Online - English	Michael Steenhouwer
	30.May	19:00 - 19:45	SH'BAM®	Online - English	Charlotte Carlén
	30.May	20:00 - 20:45	CXWORX®	Online - English	Elin Hellström
	31.May	19:00 - 19:45	BODYJAM®	Online - Swedish	Dorotka Baburin
	31.May	20:00 - 20:45	BODYBALANCE®	Online - Swedish	Kristin Andersson
	04.Jun	20:00 - 20:45	BODYPUMP®	Online - Swedish	Michael Steenhouwer

NOTE: Choose "Stockholm" as city on the Events page to book.

* For booking this webinar, please email nordic@lesmills.com

RIGA	01.Jun	12:00 - 13:45	BODYBALANCE®	People Fitness Club Riga Centre	Kristin Andersson
	01.Jun	14:00 - 15:45	BODYPUMP®	People Fitness Club Riga Centre	Kristin Andersson
TALLINN	09.Jun	10:00 - 11:45	BODYPUMP®	MyFitness Balti Jaama Turg	Siim Kelner
	09.Jun	12:00 - 13:45	BODYBALANCE®	MyFitness Balti Jaama Turg	Kersti Ojalill
	09.Jun	14:00 - 15:15	CXWORX®	MyFitness Balti Jaama Turg	Kersti Ojalill
	10.Jun	12:00 - 13:45	BODYATTACK®	MyFitness Balti Jaama Turg	Niko Viskari
	10.Jun	14:00 - 15:45	BODYPUMP®	MyFitness Balti Jaama Turg	Eerika Kiuttu
	10.Jun	16:00 - 17:45	BODYCOMBAT®	MyFitness Balti Jaama Turg	Eerika Kiuttu