

City	Date	Time	Program	Location	Trainer
WEBINARS	28-maj	20:45 - 21:30	LES MILLS GRIT®	Online - English	Elin Hellström
	29-maj	19:00 - 19:45	LES MILLS SPRINT™	Online - Swedish	Adam Gripenblom
	29-maj	21:00 - 21:45	BODYPUMP®	Online - English	Michael Steenhouwer
	30-maj	19:00 - 19:45	SH'BAM®	Online - English	Charlotte Carlién
	30-maj	20:00 - 20:45	CXWORX®	Online - English	Elin Hellström
	31-maj	19:00 - 19:45	BODYJAM®	Online - Swedish	Dorotka Baburin
	31-maj	20:00 - 20:45	BODYBALANCE®	Online - Swedish	Kristin Andersson
	04-jun	20:00 - 20:45	BODYPUMP®	Online - Swedish	Michael Steenhouwer

NOTE: Choose "Stockholm" as city on the Events page to book.

* For booking this webinar, please email nordic@lesmills.com

WARSZAWA	12-maj	14:00 - 14:45	SH'BAM®	LMN SUPERDAY - Main Stage	Natalia Liwiniuk, Janni Lindgren
	12-maj	15:00 - 15:45	BODYATTACK®	LMN SUPERDAY - Main Stage	Niko Viskari, Mathilda Bjorck
	12-maj	17:00 - 17:30	GRIT®	LMN SUPERDAY - Main Stage	Szymon Wesolowski, Pawel Jeziorek, Jorge Scott Neyra , Filip Kulstrunk
	12-maj	18:00 - 18:30	CXWORX®	LMN SUPERDAY - Main Stage	Pawel Jeziorek, Daniela Cirlig
	12-maj	19:00 - 19:45	BODYCOMBAT®	LMN SUPERDAY - Main Stage	Szymon Wesolowski, Jorge Scott Neyra, Filip Kulstrunk, Edyta Długa
	12-maj	20:00 - 21:00	BODYBALANCE®	LMN SUPERDAY - Main Stage	Natalia Liwiniuk

	12-maj	14:00 - 14:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Szymon Wesolowski
	12-maj	15:00 - 15:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Filip Kulstrunk, Edyta Długa
	12-maj	16:00 - 16:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Justyna Szarawarska, Niko Viskari
	12-maj	17:00 - 17:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Mathilda Bjorck, Natalia Litwiniuk
	12-maj	18:00 - 18:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Jorge Scott Neyra
	12-maj	19:00 - 19:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Justyna Szarawarska
	12-maj	20:00 - 20:45	BODYPUMP®	LMN SUPERDAY - BODYPUMP STAGE	Daniela Cirlig, Pawel Jeziorek

	18-maj	13:30 - 14:30	BODYCOMBAT®	GO ACTIVE SHOW	Szymon Wesolowski
	19-maj	10:00 - 10:30	GRIT®	GO ACTIVE SHOW	Szymon Wesolowski
	19-maj	12:00 - 12:45	BODYCOMBAT®	GO ACTIVE SHOW	Szymon Wesolowski
	19-maj	15:00 - 15:45	BODYATTACK®	GO ACTIVE SHOW	Szymon Wesolowski

BYTOM	20-maj	12:00 - 13:45	BODYPUMP®	Fabryka Formy Bytom	Justyna Szarawarska
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POZNAŃ	26-maj	11:00 - 11:30	GRIT®	EU4Yi	Szymon Wesolowski
	26-maj	17:00 - 17:45	BODYCOMBAT®	EU4Yi	Szymon Wesolowski
	27-maj	10:00 - 10:45	SH'BAM®	EU4Yi	Natalia Liwiniuk
	27-maj	11:30 - 13:15	BODYPUMP®	StepONE ul. Termalna 1	Szymon Wesolowski
	27-maj	14:00 - 14:45	BODYBALANCE®	EU4Yi	Natalia Liwiniuk

BUCHAREST	26-maj	14:00-15:45	BODYCOMBAT®	World Class Plaza Romania, Plaza Mall Bulevardul Timisoara Nr 29	Eerika Kiuttu
	26-maj	16:00-17:45	BODYPUMP®	World Class Plaza Romania, Plaza Mall Bulevardul Timisoara Nr 29	Daniela Cirlig
	26-maj	18:00-19:15	CXWORX®	World Class Plaza Romania, Plaza Mall Bulevardul Timisoara Nr 29	Eerika Kiuttu

